We love Jamaican Food!

PHP member Danice M. lives in Yonkers with her mother and family. Those who know her well say that what they notice most about her, is her joy. She is the type of person that loves to laugh and smile. I met recently with Danice, her mom, and her Care Manager Anna, to talk about how things are going and to hear more about her special vaccine story.

The ladies shared that Danice has been keeping busy in her neighborhood by taking a stroll along the riverside with mom and sitting under her favorite tree in a nearby courtyard when the weather is nice. She has been flipping through her favorite magazine (Oprah’s “O”) and watching comedy movies and shows like Blue’s Clues and Home Alone!

Danice and her family also shared their love of Jamaican food. Especially Ackee & salt fish, stewed peas with beef, Ox tail, and rice and peas. Someday we hope to get some special recipes from the ladies to share, since it makes us hungry just hearing the names of these dishes! When we spoke, in June, we also wished the ladies a happy Caribbean-American heritage month!

Q: Can you share with us the challenges you have faced during the COVID-19 pandemic?
A: During this time, we have all been concerned about staying healthy. Danice has found it difficult to use a face mask. She prefers not to wear one. Close family members have received the vaccine and we wished for Danice to receive it also. But vaccine sites require that you come to your appointment with a mask on, so the family was worried that she would not be able to get her vaccination. We worked with our PHP Care Team who linked us with WIHD. An appointment was secured there. We had a good experience! After checking in to let them know we had arrived, a nurse came out to our car a short time later. Danice did not need to wear a mask and was able to get her vaccines without leaving the vehicle! We repeated the same process for her second dose. It worked out so well and we are thankful that she is now vaccinated!

Q: What are you looking forward to after getting the vaccine?
A: Most of all, Danice is getting excited about returning to day hab program. She’s missed spending time with friends and staff. Danice is very lively and likes to make others smile. It has been a blessing to spend time together at home, though we are looking forward to getting back to activities that we enjoyed before! Care Manager Anna mentioned that at a recent visit to the day hab fellow program members asked about Danice and when she will be returning! She will be getting back there soon.

DANICE LIKES TO WATCH COMEDY SHOWS ON TV, ESPECIALLY THOSE THAT MAKE HER LAUGH

SHE LOVES BOOKS & MAGAZINES (LIKE OPRAH’S “O”) & TURNING THE PAGES TO CHECK OUT PICTURES

HER FAVORITE MUSIC TO LISTEN AND DANCE TO IS SOUL & REGGAE!

Until we can share some special recipes from Danice and family, check out this recipe for Jamaican Ackee & Saltfish from the Food Network: https://www.foodnetwork.com/recipes/ackee-and-saltfish-recipe-2085381