

Your Interdisciplinary Team (IDT)

Partner's Health Plan (PHP) FIDA-IDD plan uses an **Interdisciplinary Team (IDT)** approach to make sure your life goals and needs are taken care of, and that all of your providers are working together.

What is an IDT?



An IDT is a group of people working together to make sure all your goals and needs are being met. Your IDT is specially designed for you. Your Care Coordination team will help you decide who should be part of your IDT based on what is important to you.

What does the IDT do?



The members of your IDT **work together** to make sure you are **getting the support you need to keep you healthy and safe and to reach the goals that are important to you**. Your Care Manager is the leader of the IDT and will make sure that the IDT is doing all it needs to do for you. Some of the things the members of your IDT must do are:

- ✔ Involve you in **all decisions** about your services, and share any information you need to help make those decision
- ✔ Take part in **assessments and IDT meetings**
- ✔ Tell one another of any **changes in your health or other needs** that may mean your Life Plan needs to change
- ✔ Work with you to **create a Life Plan that includes all the services and supports you need to meet your life goals and health and safety needs**. The Life Plan will list the specific activities that each of your providers will do to support you. Your IDT will meet with you at least every 6 months to review your Life Plan and to make changes if needed. You can ask to meet with your IDT at any time

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Who is part of the IDT?

There are some people who **must be part of your IDT**. These people are:

- **You**, or your representative or designee
- Your **Care Manager**
- Your primary providers of **Developmental Disability Services** (for example; your House Manager, your job coach, or the instructor at your Day Habilitation program)

You may also **choose to have others who are important in your life** be part of your IDT. When choosing who to include on your IDT, you may want to **think of those people who can help give information about things that are important to you**. Examples of some people who may be included on your IDT are:

- Your **Behavioral Health Professional**
- Your **home care aide(s)** or someone from the home care agency who knows about your needs
- Your **Primary Care Physician**
- Any **other providers or natural supports** who are important to you

What are your responsibilities?



You (or your advocate) are the most important member of your IDT. Like all the members of the IDT, you have things you need to do so the IDT can work the way it is supposed to. Some of your responsibilities are:

- Knowing who your Care Manager is
- Sharing information with your Care Manager about your needs, concerns and any changes in your health, work, or home situation
- Attending and actively being a part of all IDT meetings
- Doing your best to follow the guidelines agreed to with the IDT members providing your supports

For more information, visit www.phpcares.org or call (855) 747-5483/TTY 711. 7 days a week, 8:00 AM - 8:00 PM

The State of New York has created a Participant Ombudsman Program called the Independent Consumer Advocacy Network (ICAN) to provide participants free, confidential assistance on any services offered by Partners Health Plan. ICAN may be reached toll-free at 1-844-614-8800 (TTY users call 711, then follow the prompts to dial 844-614-8800) or online at icannys.org.

Partners Health Plan is a managed care plan that contracts with Medicare and the New York State Department of Health (Medicaid) to provide benefits to Participants through the Fully Integrated Duals Advantage for Individuals with Intellectual and Developmental Disabilities (FIDA-IDD) Demonstration.