



## **PHP Care Complete FIDA-IDD Plan (Medicare – Medicaid Plan)**

### **2020 Medication Therapy Management Program (MTMP)**

PHP Care Complete FIDA-IDD Plan (Medicare – Medicaid Plan) wants to make sure our Participants are getting the most out of the prescription drugs they use. The Medication Therapy Management Program (MTMP) is designed and managed by licensed pharmacists at Perform Rx who work with PHP Care Complete FIDA-IDD Plan to improve the way prescription drugs are used by their participants. The MTMP is available to eligible participants at no cost. The MTMP is not considered a benefit.

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### **What is the Medication Therapy Management Program (MTMP)?**

The Medication Therapy Management Program (MTMP) is an in-depth one-on-one review of all of a participant's medications (prescriptions, supplements and over-the-counter drugs). The goal is to help the participant get the most from all of their medications.

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### **What does the MTMP Pharmacist do?**

The MTMP Pharmacist will review the eligible participant's health status and treatment plan. This is done so that the pharmacist can help make sure that:

- The participant is taking only the medication that is needed and that these medications are working.
- The participant is informed of any potential side effects and how to better manage these side effects.
- The participant is taking the correct amount of medicine at the right time.
- The medications are not interacting with each other.
- The prescriptions, over-the counter drugs and other medications are safe and effective.

**If you have questions**, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483, and 711 for TTY users, 8AM to 8PM, seven days a week. You can also call Perform Rx at 1-888-349-0501, and 1-888-765-6351 for TTY users, 8:30 AM to 5:00 PM, Monday through Friday. The call is free. For more information, visit [www.phpcares.org](http://www.phpcares.org)



**What determines if a participant is eligible and what are the eligibility requirements?**

PHP Care Complete FIDA-IDD Plan and Perform Rx will determine if a participant is eligible for the MTMP. Eligible Participants will receive an informational packet by mail. The requirements for eligibility in the MTMP are that a participant must:

- Have at least 3 of the following specific chronic diseases:
  - Bone Disease – Arthritis – Osteoporosis
  - Bone Disease – Arthritis – Rheumatoid Arthritis
  - Chronic Heart Failure (CHF)
  - Diabetes
  - Dyslipidemia
  - End-Stage Renal Disease (ESRD)
  - Hypertension
  - Mental Health – Chronic/Disabling Mental Health Conditions
  - Respiratory Disease – Asthma
  - Respiratory Disease – Chronic Obstructive Pulmonary Disease (COPD)

**AND**

- Be on at least 5 specific Part D drugs from the following Part D drug classes:

ACE-Inhibitors	Angiotensin II Receptor Blockers (ARBs)
Antidepressants	Antihyperlipidemics
Antihypertensives	Antipsychotics
Beta Blockers	Bisphosphonates
Bronchodilators	Calcium Channel Blockers
Disease-Modifying Anti-Rheumatic Drugs (DMARDs)	Selective Serotonin Reuptake Inhibitors (SSRIs)
Inhaled Corticosteroids	Diuretics
Oral Hypoglycemics	Insulins
Calcimimetic	Colony Stimulating Factors
Glucagon-Like Peptide-1	Glucocorticosteroids
Cardiac Glycoside	NSAIDs
Nepriylsin Inhibitor	Phosphate Binders
Vitamin D Analogs	

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